



We educate and support neurodiverse individuals to **help launch their careers** and organizations to **integrate them into the workplace.**

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## Neurodiversity Intentional Inclusion Workshops COMMUNICATIONS

Neurodiversity is the range of common differences in thinking and behavior which we now understand to be normal variations in humans. This includes conditions such as autism, dyslexia, ADHD, and others. Neurodiverse variations have played a central role in the development of human society, yet neurodiverse people have been historically misunderstood and marginalized as individuals. A significant area of difference is the way neurodivergent people communicate and it is often a key factor in the misunderstanding and marginalization they experience.

In this hands-on workshop, you will learn the importance of adopting a mindset of compassionate curiosity while communicating with your colleagues to develop a better understanding of their strengths and differences. We will discuss neurodiversity affirming practices to facilitate inclusion and the role of establishing context and rules in providing clarity in tasks. A significant part of the workshop will be devoted to the premises, stances, and microskills for practicing an effective form of communication called reflexive communications.